



## Course Information

# Health and Physical Education

## Health Studies | HEA







### GTHEA

#### Unit 3 Health promotion and community development

This unit focuses on building students' knowledge and understandings of health determinants and their interaction and contribution to personal and community health. Students define and consolidate understandings of health promotion and are introduced to key health literacy skills. Students expand on their understanding of the impact of beliefs on health behaviour and continue to develop personal and interpersonal skills which support health. Inquiry skills are consolidated and applied, including the ability to identify trends and patterns in data.

#### Unit 4 Participation and empowerment

This unit focuses on the impact of health determinants on personal and community health. The concept of community development and the importance of participation and empowerment is introduced. Students learn about how chronic conditions are defined in the National Strategic Framework. The use of social marketing in health is explored and students are introduced to emotional intelligence as a mechanism for perceiving, controlling and evaluating emotions. Students continue to refine inquiry skills as they address relevant issues and produce insightful and well-researched reports.

 <p><b>Prerequisites</b> Nil</p>	 <p><b>Year of Study</b> Year 12</p>	 <p><b>Type of Assessment</b> 20% Inquiry 40% Project 25% Response 15% Externally Set Task</p>	 <p><b>Costs</b> \$50 total</p>
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